

# Creativity, Action, Service (CAS) Summary

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Creativity, Action and Service (CAS) activities comprise a core requirement of the IB Diploma Programme Curriculum that must be met in 11<sup>th</sup> and 12<sup>th</sup> grade at the IAM. The CAS requirement is described briefly on the International Baccalaureate Organization (IBO) Website at <http://www.ibo.org/diploma/curriculum/core/cas/>. Students receive a guidebook explaining the requirement at the beginning of the 11<sup>th</sup> grade.

## Summary of the CAS requirement:

- An IB diploma cannot be earned without meeting the CAS requirement.
- 150 extracurricular hours (must be completed outside of regular school hours) during the 11th and 12th grade school years, engaged in activities described by the IBO, as follows:

***“Creativity is interpreted broadly to include a wide range of arts activities as well as the creativity students demonstrate in designing and implementing service projects.***

***Action can include not only participation in individual and team sports but also taking part in expeditions and in local or international projects.***

***Service encompasses a host of community and social service activities. Some examples include helping children with special needs, visiting hospitals and working with refugees or homeless people.”***

- Activity hours cannot be counted toward the CAS requirement prior to the first day of classes for the 11<sup>th</sup> grade year.
- The 150 hours must be apportioned in approximately equal amounts (about 50 hours each) to Creativity, Action and Service activities.
- A portion of the 150 hour CAS requirement must include a group project that is devised, organized and implemented by the students involved. For example, a choir concert would not meet this criterion, because the concert would be organized by the Choir Director. Conversely, a student-organized vocal performance arranged with an administrator of a long-term health care facility would meet this criterion.
- To meet the requirement for each activity, students must establish a goal, develop and implement a plan to meet the goal, and reflect upon the outcomes.
- Students must keep a CAS journal with a log of CAS hours.
- Upon completion, IAM students must produce ten pieces of evidence of the CAS activities in which he or she participated, to include at least one piece of evidence for each of the eight IB Learner Outcomes. (Two of the pieces of evidence will be associated with two IB Learner Outcomes.)
- Two CAS activity reflections must be submitted as formal essays.
- CAS submissions are not graded, but are evaluated as to whether they meet IBO requirements.
- CAS submissions are kept by the IAM and are subject to audit by the IBO.